WELLNESS Lifestyle

physical **Safety** commitment balance

mindfulness fitness Aware ental support Exercise

recreation Health relaxation active de-stress

Wellness Services

Student Health Center:

702-895-3370 • shc@unlv.edu

Counseling and Psychological Services (CAPS):

702-895-3627 • caps@unlv.edu (please do not share confidential information via email, call instead)

Center for Individual, Couple and Family Counseling:

702-895-3106

UNLV Women's Center:

702-895-4475 • jnwc@unlv.edu

Alcohol and Substance Use

Lawyers Concerned for Lawyers:

866-828-0022 or 702-889-9404

Las Vegas Alcoholics Anonymous:

(702) 598-1888

Nevada Lawyer Assistance Program:

(702) 257-6727

Veterans Resources

UNLV Office of Veteran Services:

702-895-2290

Student Veterans Organization:

http://unlv.orgsync.com/org/svo

Veteran Crisis Hotline:

800-273-8253

Athletic and Recreational Resources

Student Recreation and Wellness Center:

https://www.unlv.edu/srwc/campus-recreational-services

Intramural Sports:

https://www.unlv.edu/srwc/intramurals

Disability Resources

Disability Resource Center (DRC):

702-895-0866 • http://drc.unlv.edu/

Emergency & Safety

Emergencies:

911

Campus Police:

702-895-3668

Campus Advocacy Resource Empowerment

(CARE) Line:

702-895-0602

Rape Crisis Center:

888-366-1640

UMC Emergency (only hospital to do rape kits; a

free service):

Emergency Room Entrance

1800 W. Charleston Blvd.

Las Vegas, NV 89102

Security Escort:

702-895-3668